

Globe
Style

SUMMER 2015

THE GLOBE AND MAIL
GUIDE TO INSPIRED LIVING

Advisor

Future perfect

Singer, songwriter and emerging
style icon CALVIN LOVE launches
into the psych-pop stratosphere



The season's well-edited wardrobe, a designer sauna
goes viral and butcher ways to eat your veggies



DESIGN

MODERN SHAKER

Peter Coolican is only 25, but he works the old-fashioned way. He makes each of his **COOLICAN & COMPANY** stools, benches and tables by hand in small batches. Even his clean aesthetic echoes the impeccable joinery of 19th-century Shaker furniture. "I want to create heirlooms for the future," he explains. He would never make gimmicky items like iPhone docks, he says, and doesn't follow trends (barn boards and live-edge furniture are both verboten in his studio). Coolican's approach comes out of his training. He has a degree in economics and urban systems from McGill, but discovered design while taking architecture courses. He realized he wanted to build things, so he enrolled in the Rosewood Studio School of Fine Woodworking, in Perth, Ont. Coolican's first major commission was for three tables for Rideau Hall. Now, he's attracting high-profile fans like designer Sarah Richardson and editor Suzanne Dimma, who have praised the Palmerston stool he unveiled at the 2015 Interior Design Show. It's an unassuming piece, with a seat that gently slopes, made from black walnut. Not everything about Coolican's approach is old school, however. To keep prices down, he only sells via his website and markets the collection online. — **MATTHEW HAGUE**

The Palmerston stool is \$490 through www.coolicanandcompany.com.

Furniture maker Peter Coolican translates the craft he learned from master woodworkers into pieces like the Palmerston stool.



No. 22 bicycles focus on the design purity and lightness of their titanium construction.

CYCLING

TITANIUM MEN

"We like to think that our market is bike geeks," says Mike Smith, co-founder of **NO. 22 BICYCLE COMPANY**. That geekdom is hinted at in the company's name: 22 is the atomic number of titanium on the periodic table. "Different materials have different ride qualities and titanium probably has the best: It's stiff, spritely, responsive and comfortable," explains partner Bryce Gracey. Gracey, an architect, and Smith, a lawyer, devote most of their time to the burgeoning company, which they launched in 2012. It started with three distinctive models all named after Neil Young songs: Little Wing for the track, Great Divide for the road and Broken Arrow for cyclecross. Last year, the Toronto duo established its own factory in Johnstown, N.Y., recruiting four veteran craftsmen to build and detail the frames. Their newest addition, The Reactor, broke a record for lightness (just 5.9 kilograms) and took home an award at this year's North American Handmade Bicycle Show. "Because titanium doesn't rust, there is so much you can do with the purity of the material in terms of finishing," says Gracey. While they're thrilled their hobby has turned into a full-time job, the co-founders wish they could spend more time on two wheels. "Problem is," Gracey says, "when you start making bikes, you spend less time riding them." — **ANYA GEORGIJEVIC**

Complete bicycles start at \$4,799 (U.S.) through www.22bicycles.com.

TRAVEL

SWEPT AWAY

On Tuesday evening, we fall asleep bobbing in a bay off St. Barths, anchored below the ruin of an old Rockefeller estate that glows in the light of an orange sunset. On Wednesday morning, we wake up off uninhabited Île Fourchue, its once-volcanic hills framing the navy blue sea. Earlier, Captain Andy and his first mate, Lou, had steadily sailed the **TRADEWINDS** catamaran Alive across a sliver of Atlantic, its eight guests comfortably asleep in swish private staterooms. Our journey began on St. Maarten's Simpson Bay, the 59-foot boat feeling instantly like home and, thanks to its airy, contemporary design, surprisingly more expansive than the high-rise-sized cruise ships docked in Philipsburg. The route for our journey is determined by the weather and the breeze, which, in late April, is almost perpetual sun and blustery enough to let us accomplish a good amount of island hopping under sail. The boat is fitted with everything we need to maximize a week on — and in — the water: a paddle board for exploring rocky shorelines, scuba gear for spotting hawksbill turtles and endless lounging spots for developing a tan. Our host is Tradewinds founder Magnus Lewin, a welcoming Swede who oversees a fleet of 44 luxury vessels — custom built in France by Fontaine-Pajot — positioned across the globe (the British Virgin Islands is the most popular charter spot; Fiji will be added to the destination roster in 2017). Unlike most charter services that specialize in bare boat rentals, Tradewinds boats come crewed with a staff of experienced sailors, and space can be rented by the room or vessel. If Mother Nature co-operates, the crew can tweak the experience to suit the group's interests, whether that's an afternoon of luxury shopping in Gustavia or chasing after iguanas on Pinel. Back on board, an all-inclusive menu includes *salade niçoise*, chocolate rum cake and chilled rosé. As you straddle the bow of the boat, chasing a school of flying fish across the Caribbean, and cooled by the waves and a midday piña colada, you wonder how you'll ever vacation on land again. — **ANDREW SARDONE**

Cruising Class double-occupancy cabin rentals range from \$5,175 (U.S.) to \$5,900 (U.S.) for a seven day, all-inclusive cruise. Tradewinds also offers a points-based membership that includes last-minute deals and the ability to transfer credits to luxury travel partners around the world. For more information, visit www.trade-winds.com.



A Tradewinds catamaran replicates the intimacy and personal service of a boutique hotel on water.



To go behind-the-scenes with Globe Style Advisor on a Tradewinds cruise from St. Maarten to St. Barths, download the free Globe Style Advisor app at tgam.ca/styleadvisor.