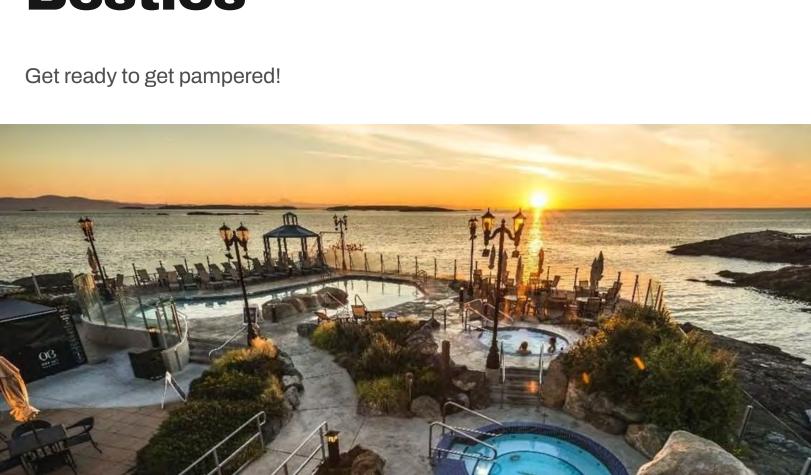


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7 Canadian Spas To Visit If You Want A Boozy **Besties** Get ready to get pampered!



The Boathouse Spa at the Oak Bay Beach Hotel in Victoria, B.C. @boathousespa | Instagram **Katherine Caspersz** Creator Jun 29, 2023, 8:00 PM

ancy a little R+R? It might be time to gather up your friends and head

to a spa.

unwind or just have fun with friends.

Millcroft Inn & Spa

vintage_hotels

Caledon, Ontario

Thankfully, Canada has no shortage of luxurious spas to choose from. With

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spas featuring Nordic thermal baths and luxurious retreats in the city, there's something for every kind of getaway, whether you're looking to completely

drinks and accommodations, meaning you can turn your day at the spa into a boozy getaway. All that's left to do is book your weekend away. Round up your crew and get ready to unwind — here are seven Canadian spas to check out for a relaxing getaway this summer.

If you're not sure where to go, we've rounded up a few especially lovely spas

located across the country that offer relaxation and pampering, as well as

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Address: 55 John St., Alton, ON

where you can soak away your worries.

sandwiches, charcuterie and regional wines.

Price: \$100+ for massage and treatments

Why You Need To Go: Tucked away in the hills of Caledon, Ontario, The

Millcroft Inn & Spa offers fresh country air and outdoor hot spring pools

With accommodations on-site, the spa is the perfect place for a getaway. In

Accessibility: Some accessible services. Mention needs at time of booking

terms of services, the spa offers several kinds of massage, facials, body

wraps and even unique services like reiki and chakra balancing.

While you're there, be sure to also check out their poolside cafe for

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for accommodations.

Millcroft Inn & Spa website

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Nordik Spa-Nature

Nordik Spa-Nature / Chelsea

sophia.4792

Address: 16 ch. Nordik, Chelsea, QC Why You Need To Go: Nordik Spa-Nature in Chelsea, Quebec, is an oasis with thermal pools that will make you feel like you're relaxing in the hot springs of Iceland. The spa, which can be found in the Outaouais region on the outskirts of Gatineau Park, has 10 outdoor baths and nine saunas in which you can rejuvenate and relax. It's also home to a saltwater flotation pool that's said to be "better than the Dead Sea." If you want to stay a bit longer, you can reserve the spa's Nordic lodge or Alpine lodge to spend the night. While you're here, be sure to hit up the spa's on-site restaurants for specialty Nordik cocktails, beer and dishes created with local ingredients. Nordik Spa-Nature website X

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Price: Rates starting at \$90 for thermal experience

Fox Harb'r Resort & Spa

megangarvock

Fox Harb'r Resort

View more on Instagram

 \bigcirc \bigcirc \downarrow Price: \$77+ for body treatments Address: 1337 Fox Harbour Rd., Fox Harbour, NS

Why You Need To Go: At the Fox Harb'r resort, you'll find Nova Scotia's toprated spa.

The Dol-ás Spa offers manicures, pedicures, facials and an array of massage and body treatments so you and your crew can get pampered from head to toe. After pampering, spend the night at the resort, which is one of the only fivestar resorts in the country.

complete with elegant touches, like heated bathroom floors and "the finest

Featuring "world-class golf," and "exquisite dining," and its own vineyard, the resort offers a taste of luxury in the Maritimes. The rooms here come

Fox Harb'r Resort Spa website

bed linens."

Weekend Away With Your